

# Youth Clinic

All young people aged 12–22 years who have come to Sweden from Ukraine, either as asylum seekers or in accordance with the EU's Temporary Protection Directive, are welcome to a youth clinic (ungdomsmottagning, in Swedish). All youth clinic visits are free of charge.

## Counselling

Youth clinics offer support in the form of counselling if you feel that you need to talk to somebody – for example, about grief, stress, relationships, or anything else.

Everyone who works at a youth guidance centre is bound by professional secrecy, and they are also obliged to report to the relevant authority if they believe that a person is in danger.

## Advice and testing

The youth clinic also provides:

- contraceptives
- pregnancy tests
- condoms
- morning-after contraceptive pills
- testing for sexually transmitted diseases
- advice about your body or sexuality

## Visit us

You can either make an appointment at the youth clinic by telephone or just turn up at the clinic during the times they offer drop-in services.

When you make your appointment, inform us whether you speak English or if you need an interpreter in another language. The use of an interpreter is free of charge.

Scan the QR code to see the location and telephone numbers of youth clinics in Stockholm County.

