

Healthcare for Those Who Have a Residence Permit in Accordance with the EU's Temporary Protection Directive or Who Are Asylum-Seekers

Healthcare on Offer

Healthcare for Children and Young People

Children have the same right to healthcare and dental care as children who are resident and registered in Sweden. Healthcare for children under the age of 18 is free of charge, including visits to paediatric health centres, health centres, adolescent health services, paediatric clinics, and child and adolescent psychiatric clinics. Dental care is also free for children and young people. Visits to hospital emergency clinics are the exception, and cost SEK 120.

If you have a child aged 0–5, you will receive an invitation to a paediatric health centre (BVC). At a BVC, children receive vaccinations, their health and development is monitored, and advice and support is given to parents. If your child is ill and needs treatment, do not come to the BVC; instead you must make an appointment at the health centre.

Healthcare for Adults Over the Age of 18

If you are over the age of 18, you are entitled to receive care that cannot wait, such as care for acute problems and acute dental problems, chronic illness, worry and anxiety, or pain. Healthcare staff make the assessment as to whether you need care.

If you are over 18 years old and visit a healthcare provider, you must pay a small part of the cost of the care.

For example, you must pay SEK 50 to see a doctor at a healthcare centre or gynaecological clinic, and SEK 50 for a visit to the dentist. Visits to hospital emergency clinics cost SEK 400.

Maternity Healthcare

Pregnant women receive free maternity and obstetric care. Women are offered free advice on contraception, and have the right to have abortions. You can choose which midwife clinic you want to contact. At 1177.se, you will find contact information for midwife clinics in Stockholm.

Dental Care

If you need dental care, you can contact one of the clinics of the Swedish Public Dental Care:

www.folktandvardenstockholm.se, 020 687 55 00.

If you need emergency dental care at night, call 1177 for advice.

How to Seek Healthcare

Healthcare Advice Over the Phone

You can call 1177 at any time of day, and help is available in both Swedish and English. A nurse will help to assess your symptoms. You can also get advice on what you can do yourself, and where to go for help. Call +46 771 11 77 00 for medical advice when you are abroad, or if your phone has a foreign number.

In life-threatening situations – always call 112

Booking Healthcare Appointments

If you need care, you should make an appointment at a healthcare centre. At the healthcare centre, you will see a doctor or a nurse. At the healthcare centre, you can also get a referral to a specialist clinic, and prescriptions for medicines if you need them.

Local emergency clinics help children and adults who become injured or suddenly fall ill. They are open every day from 8.00 a.m. to 10.00 p.m.

You'll find all phone numbers and addresses for healthcare providers on www.1177.se

Healthcare Appointments That You Are Invited to

Health Examination

You'll receive an offer, by post, to come to a health examination to go through your state of health. The health examination is free of charge. At the health examination, you will see a nurse for an interview and tests. You may be offered vaccination and further treatment if necessary.

Dental Health Examination

Children under the age of 18 will receive an invitation to a dental check-up.

Good to Know Ahead of Your Healthcare Appointment

How to Get Medicines

Your healthcare provider can write prescriptions for medicines if you need them. When you pick up your medicine at the pharmacy, it usually costs SEK 50 if you are over the age of 18. Medicines for children under the age of 18 are free.

Healthcare Staff Are Bound by Professional Secrecy

In Sweden, healthcare staff and interpreters in the health sector are bound by professional secrecy. This means that they are not allowed to disclose information about you to any other person or authority without your permission.

You Can Get Help From an Interpreter

If you do not understand Swedish, you are entitled to have an interpreter, free of charge. You must inform the healthcare provider about this before the appointment. During the appointment, the interpreter translates over the phone or directly on site when the healthcare provider considers it necessary.

You Must Show an LMA Card or a Residence Permit (UT) Card

When you seek medical care, you must show your LMA card, which is a card issued by the Migration Agency to asylum-seekers. If you haven't received your card yet, you can bring the confirmation from the Migration Agency that you have applied for asylum instead.

If you have been granted a residence permit in accordance with the EU's Temporary Protection Directive, you will receive a residence permit card that confirms this. Present this card when you seek medical care. If you haven't received your card yet, you can bring the confirmation from the Migration Agency that you have been granted a residence permit in accordance with the Temporary Protection Directive.

Reserve Number

If you visit a healthcare provider and do not have a full personal identity number, you will be given a reserve number. Save this number, and present it every time you visit a healthcare provider in Stockholm.